

HORMONES

Thyroid Support Complex

OPTIMIZES THYROID GLAND FUNCTION

MADE WITH HIGH-QUALITY VEGETARIAN INGREDIENTS

Pure Thyroid Support Complex is specifically designed to support healthy thyroid gland function with a comprehensive formula containing vitamins, minerals and herbal extracts that help to:

- Support healthy thyroid cell metabolism
- Optimize thyroid hormone function

Good for those who need support with **healthy thyroid gland function.**



The Research

This comprehensive thyroid support formula contains vitamins, minerals, and herbal extracts to support thyroid gland function. Iodine is absorbed by the thyroid gland and supports the formation of triiodothyronine (T3) and thyroxine (T4) hormones. L-Tyrosine is also a key component in the synthesis of thyroid hormones. Healthy selenium levels have been associated with maintaining healthy thyroid cell metabolism, as well as thyroid hormone function. Doubling as a powerful antioxidant, selenium combines with vitamin C and curcuminoids to neutralize free radicals, including those that affect iodothyronine 5'-monodeiodinase enzyme activity, the limiting factor in the conversion of T4 to the more active T3 hormone.¹ Thyroid Support Complex also contains standardized extracts from *Coleus forskohlii*, guggul and ashwagandha, herbs with an extensive history of traditional use.²

REFERENCES

1. Mahmoodianfard S, et al. J Am Coll Nutr. 2015;34(5):391-9.
2. Chandrasekhar K, et al. Indian J Psychol Med. 2012 Jul-Sep; 34(3): 255-262.



Formula

Adults: Take 2 capsules daily with a meal, a few hours before or after taking other medications or natural health products. Consult a healthcare practitioner for use beyond 8 weeks.

Each capsule contains:

Vitamin A (vitamin A acetate)	370 mcg RAE
Vitamin C (ascorbic acid, ascorbyl palmitate)	81 mg
Vitamin D ₃ (cholecalciferol)	2.5 mcg (100 IU)
Iodine (potassium iodide)	75 mcg
Zinc (zinc citrate)	10 mg
Selenium (selenomethionine)	100 mcg
L-Tyrosine	250 mg
Ashwagandha (<i>Withania somnifera</i>) Root Extract (standardized to contain 2.5% withanolides)	200 mg
Forskohlii (<i>Plectranthus barbatus</i>) Root Extract (standardized to contain 10% forskolin)	50 mg
Guggul (<i>Commiphora wightii</i>) Gum Resin Extract (standardized to contain 2.5% guggulsterones)	75 mg
Curcuminoids (from <i>Curcuma longa</i> root)	47.5 mg

Non-Medicinal Ingredients: Vegetarian capsule (hypromellose, water).



Thyroid Support Complex	Quantity	Order Code	NPN	UPC
	120	TS21C-C	80026097	766298024868
	60	TS26C-C	80026097	766298018621

For additional hormonal support, consider adding **Inositol** to your health routine.

Support your body's thyroid gland function with two capsules daily*

Visit PureEncapsulations.ca/thyroid-support-complex

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*Visit PureEncapsulations.ca for more information about our GMO policy.

*Consult a healthcare practitioner for use beyond 8 weeks.

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